



ROGUE Leader

One Page PD: Walk & Talk

Some of history's greatest thinkers and creative geniuses have one thing in common. They enjoyed the daily ritual of going for long walks. The time in nature allows a person to get away from the grind, to think clearly, and to keep active. Try a Walk & Talk for your next PD session!

1. Gather everyone outside (if weather permits or use the gym/cafeteria if weather doesn't cooperate).
2. Have everyone pair off with a Walk & Talk partner.
3. Give everyone a discussion topic or have each pair pick their own topic!
4. Start a timer and let everyone walk & talk for about 10 minutes.
5. Switch partners. Pick a new topic or keep the previous one.
6. Start the timer again and walk & talk for another 10 minutes.
7. Switch partners again. Pick a new topic or keep the previous one.
8. One last 10 minute interval set on the timer and let the new pairs walk & talk.
9. Bring everyone back together in a large circle.
10. Each person takes 15-30 seconds to share their main takeaway from the Walk & Talk session!